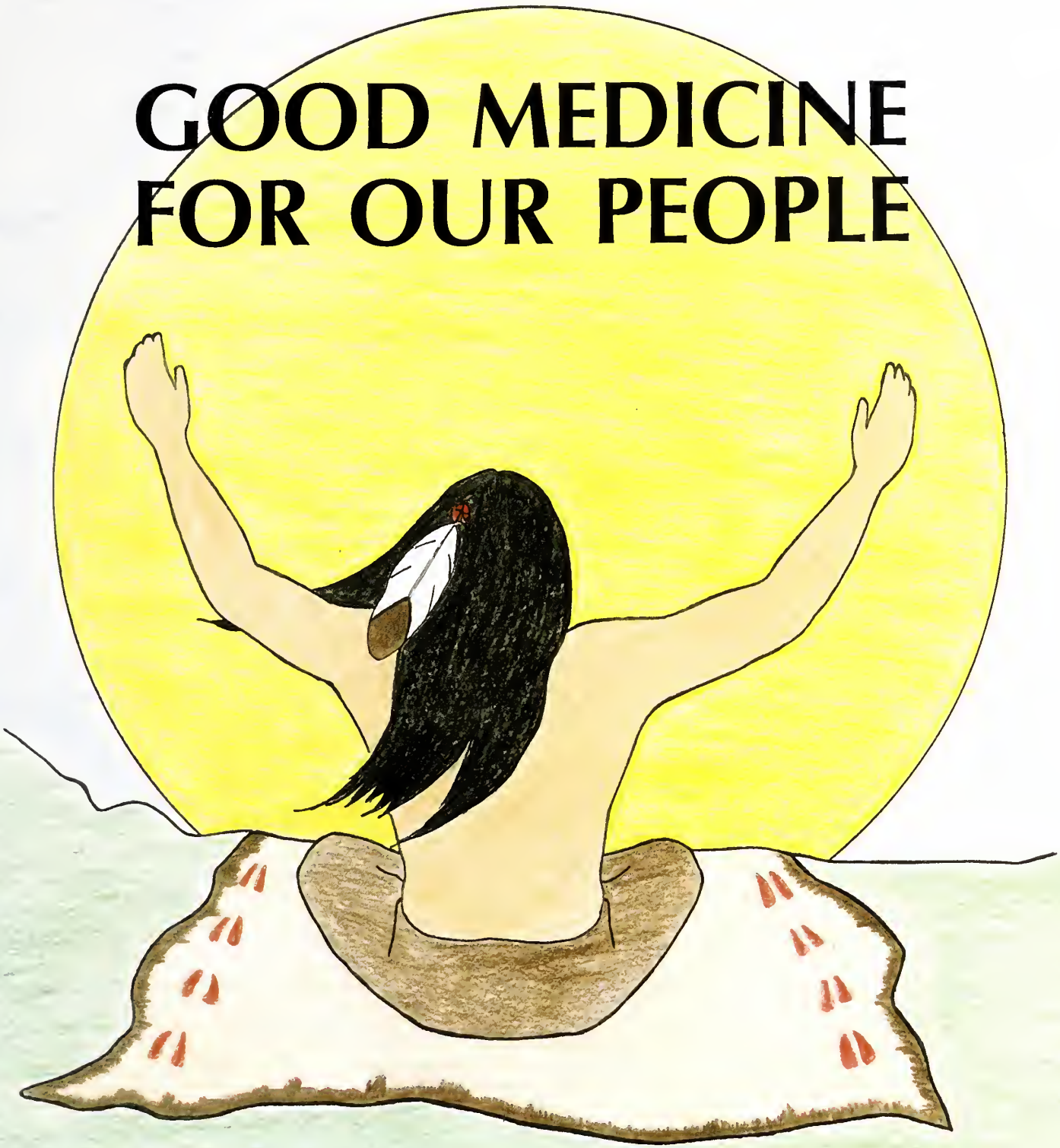
GOOD MEDICINE FOR OUR PEOPLE



A COLORING BOOK
About Indians and Health Careers

MH03D5788

mh03D 5788

GOOD MEDICINE FOR OUR PEOPLE

A COLORING BOOK
About Indians and Health Careers

Written and Illustrated by
Linda Gourneau, M.D., Mandan, Hidatsa, Arikara

For the Indians Into Medicine (INMED) Program
UND School of Medicine & Health Sciences
University of North Dakota
Box 9037
Grand Forks, ND 58202-9037

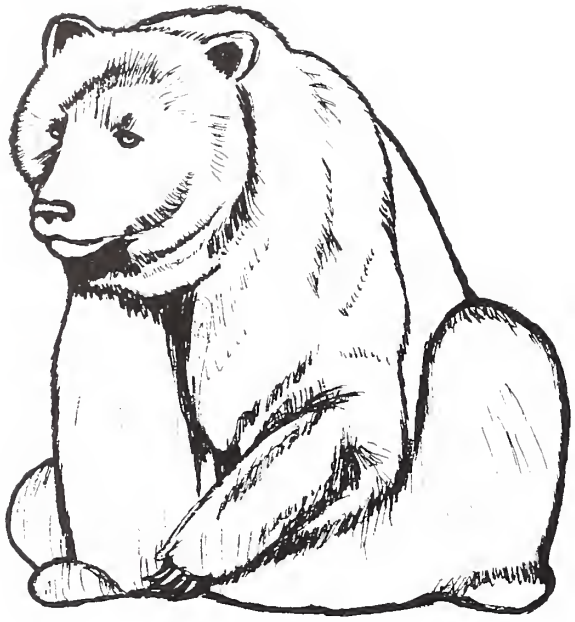
(701) 777-3037

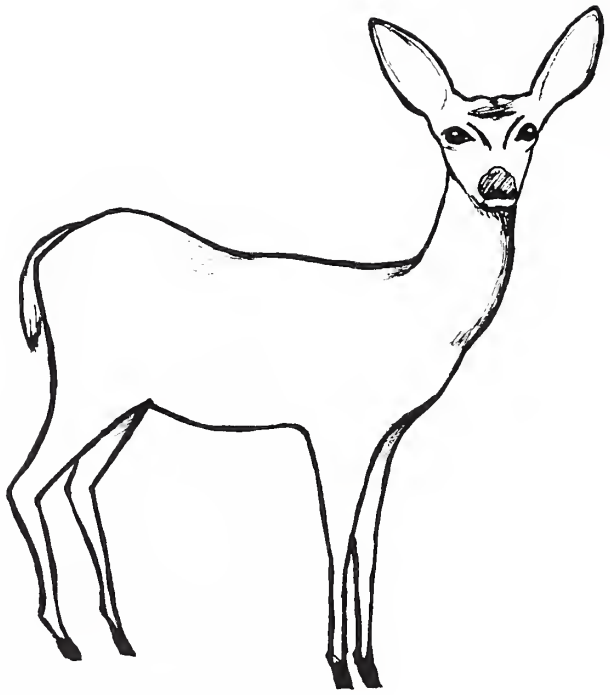
OMH-RC-Knowledge Center
5515 Security Lane, Suite 101
Rockville MD 20852
1-800-444-6472

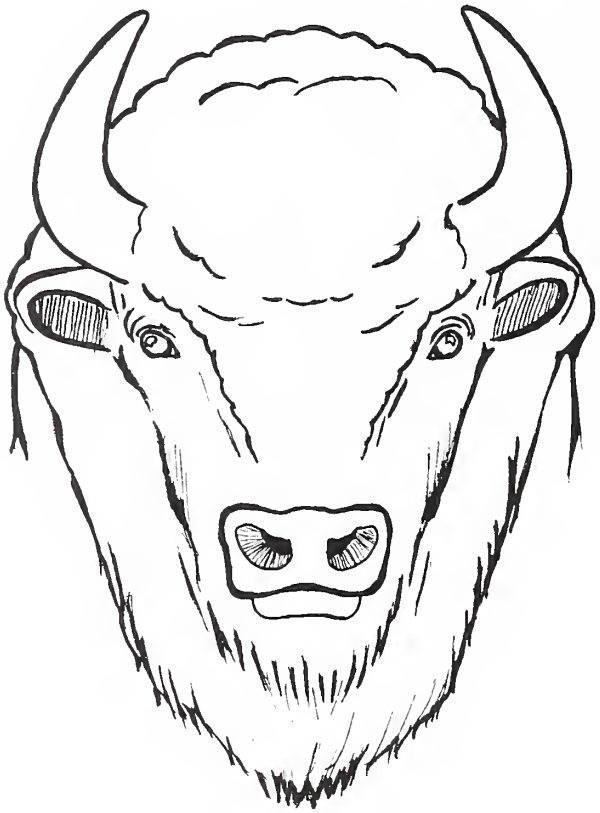
QUENTIN N. BURDICK INDIAN HEALTH PROGRAMS
This publication is funded by Indian Health Service Grant # 5D919400026-02
and Health Careers Opportunity Program Grant # 5-D18-MB-01502-12

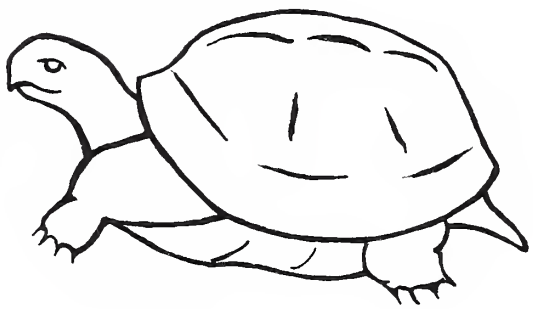
Medicine Man

Medicine Woman





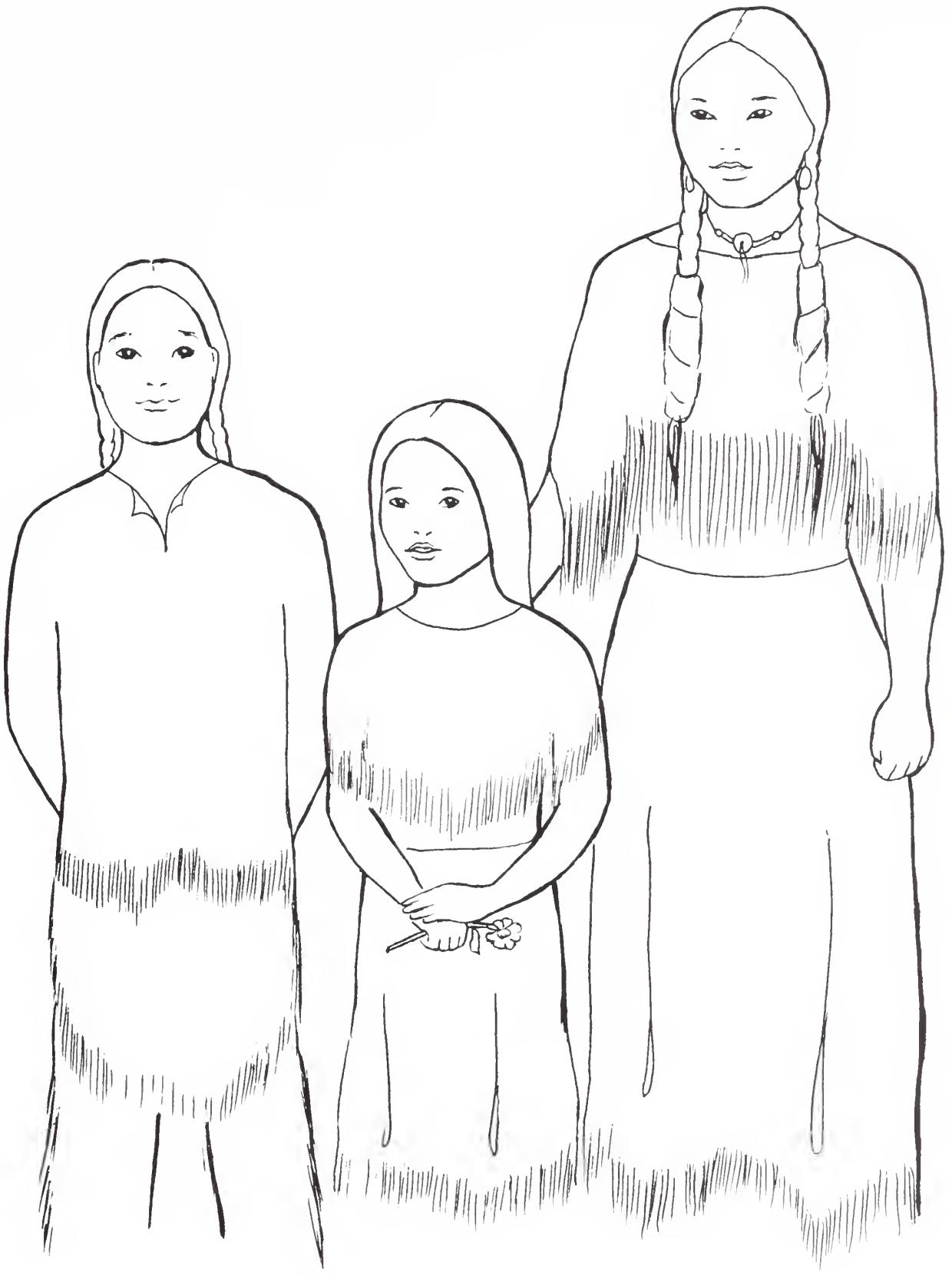




With the help of the four-leggeds

The winged, and nature's others

The plants

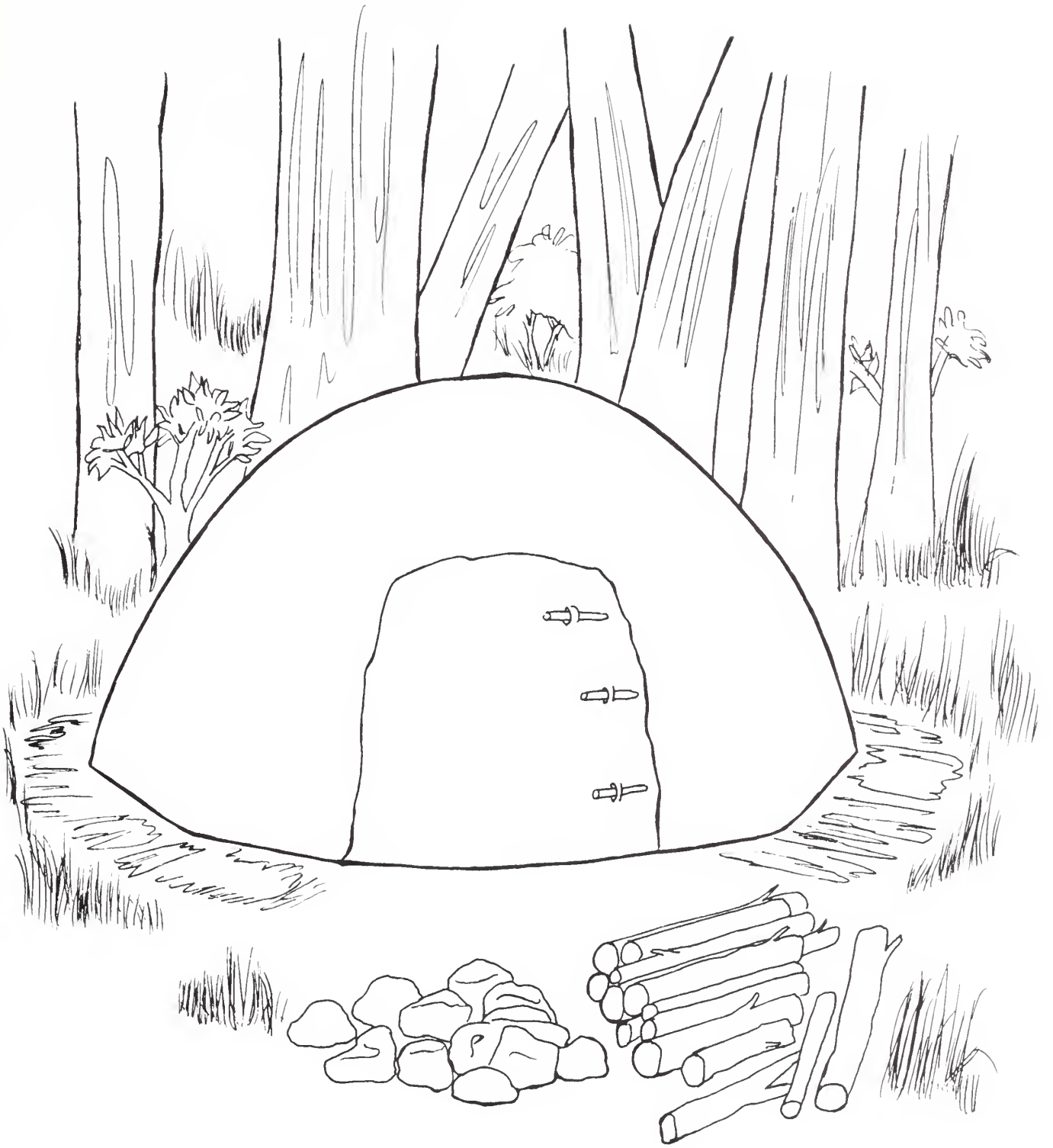


The medicine men and women took good care of their people.

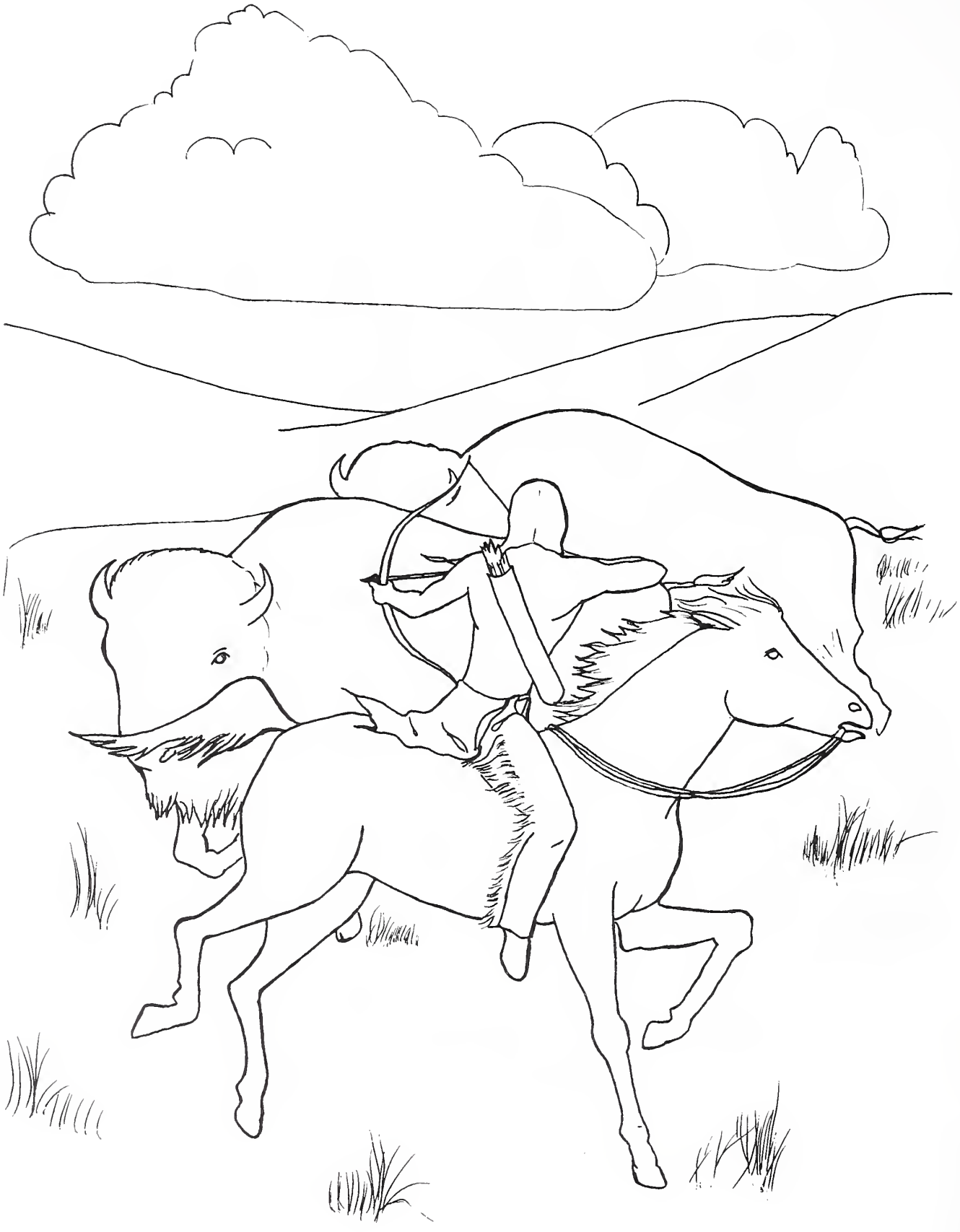
They began their training early in life.

They learned to use plants and animals to make medicines.

Ceremonial songs



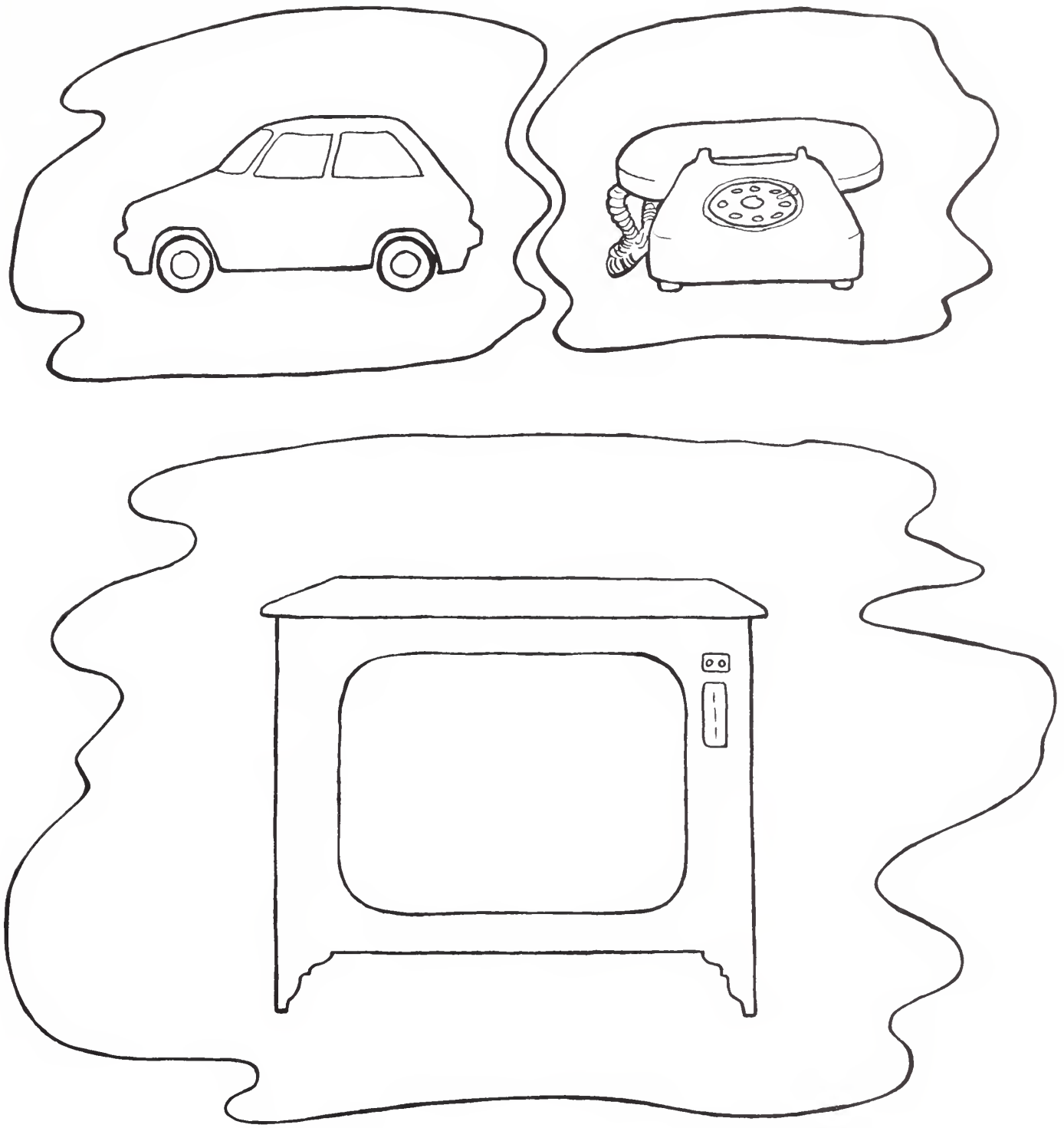
The healing of the sweat lodge



Food and clothing were plentiful.

Indian people lived healthy lives in harmony with nature.

The white man came to North America.

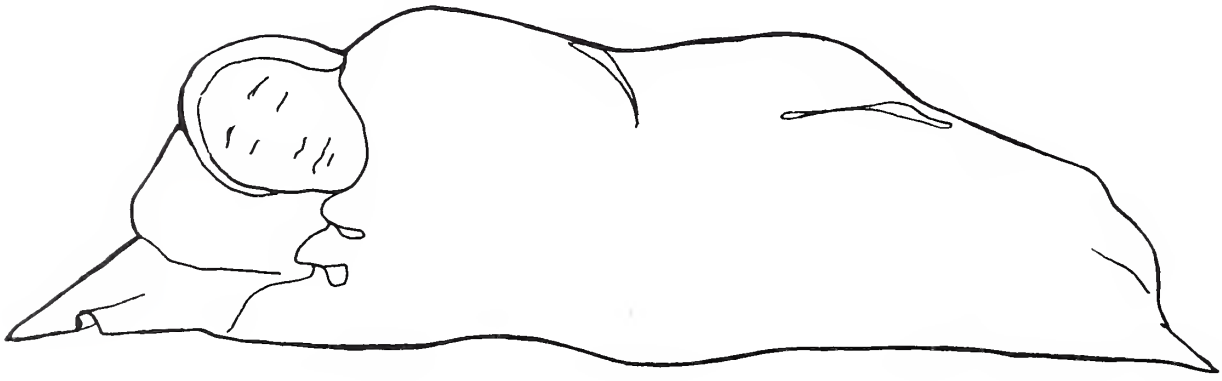


The future brought many amazing things.

SMALLPOX

BUBONIC PLAGUE

DIPTHERIA



The white man brought unknown sickness.

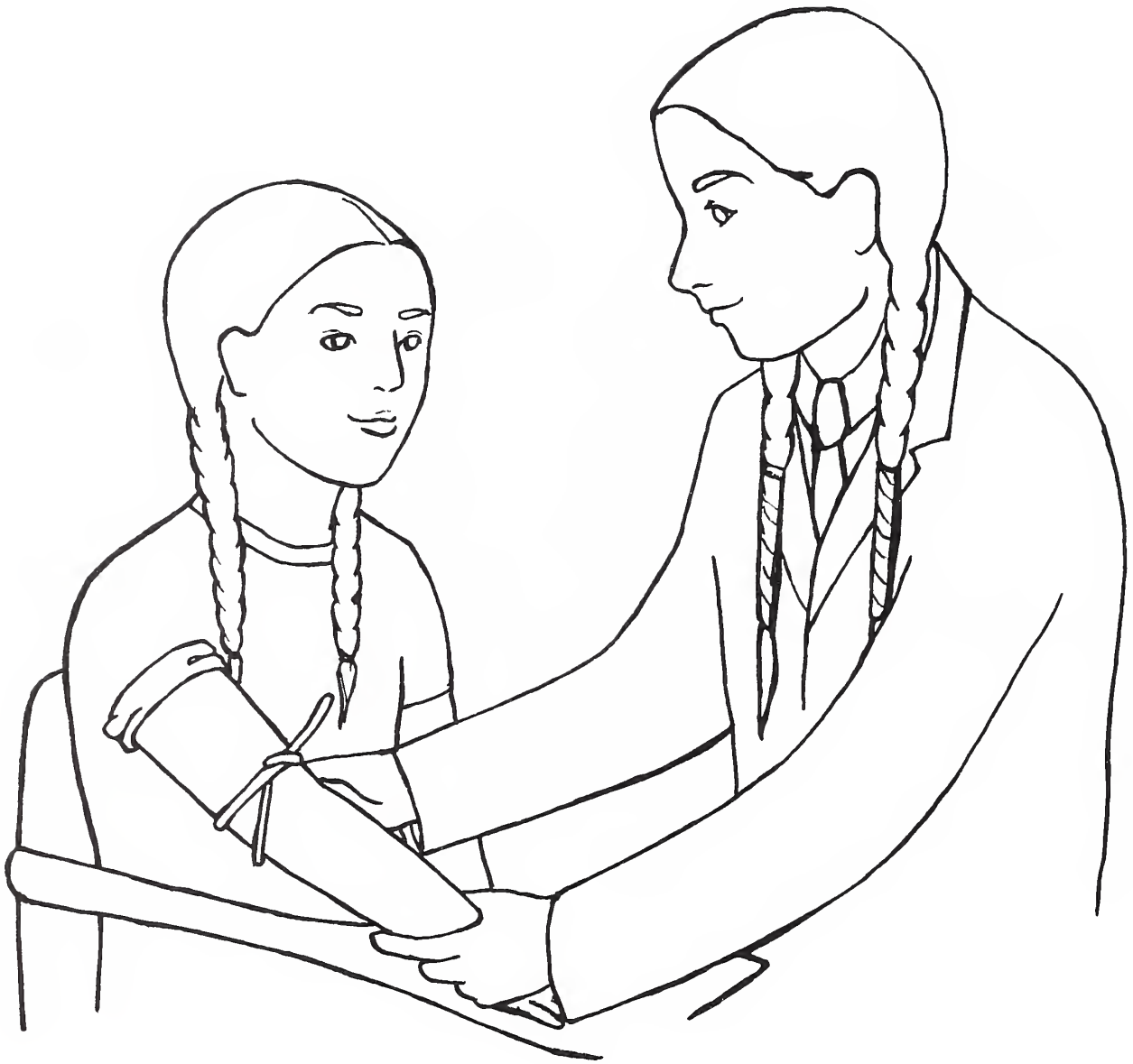
Today Indian people have only a few medicine men, but many new diseases.

We need young people like you to train in today's medicine to maintain good health for our people.

There are many health careers to choose from.

An R.N. is a registered nurse. An R.N. checks your blood pressure and monitors other vital body signs.

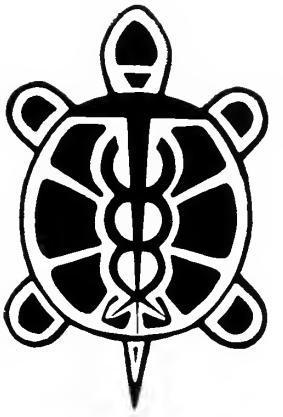
An M.D. is a doctor. A doctor examines you to keep you healthy, or to see what may be making you ill.



A medical technologist examines blood samples and other specimens. Technology is an important part of modern medicine.

These people (M.D., R.N., Med. Tech.) and many other health professionals work together to keep you healthy.

You can become a health professional and help keep Indian people healthy.



The INMED program assists many Indian students attending college and earning degrees in the health care field. INMED means Indians Into Medicine. The turtle is the program's symbol because it represents good health or long life among many tribes.

For more information, contact:

INMED
UND School of Medicine & Health Sciences
Box 9037
Grand Forks, ND 58502-9037
E-mail: inmed@medicine.nodak.edu
Web: http//www.med.und.nodak.edu/depts/inmed/home.htm